

OUTDOOR ED VENTURE

Hillwalking

What is it?

Hill walking is walking in 'wild country' – it combines fresh air, open vistas with adventurous exploration and exercise. Everyone can enjoy the hills and improve their navigation skills.

What can I expect to experience?

The Brecon Beacons provide an excellent introduction to mountaineering. You will choose from a range of routes which include the ever popular peaks of the Central Beacons including Pen y Fan and Corn Du or the more remote ridges and summits of the Western Beacons or the Black Mountains. The scenery is breathtaking, and the many routes provide a range of challenges for all levels of walker or aspiring mountaineer.

As part of the package we can also build in introductory navigation skills or more advanced skills for those who want to brush up on what they already know.

What will Outdoor Ed Venture provide?

Outdoor Ed Venture will supply a fully qualified and experienced Mountain Leader in addition to the following:

- Maps
- Compass

What will I need to bring?

- A day rucksack
- Suitable footwear such as walking boots
- Warm and comfortable clothing - such as tracksuit bottoms, fleece tops or sweatshirts – No denims please)
- Waterproofs (dependant on weather conditions)
- Sun screen
- Lunch and a drink (unless you have requested lunch from Outdoor Ed Venture)
- Any personal medication that you need to have with you (asthma, inhaler, etc)

CONTACT US:

Outdoor Ed Venture ~ 81 Ynyswen ~ Penycae ~ Swansea ~ SA9 1YX

Telephone: 01639 849378/07766 250298

Email: Info@outdooredventure.co.uk

Web site: www.outdooredventure.co.uk