

OUTDOOR ED VENTURE

Orienteering

What is it?

Orienteering is essentially a navigation race. We have a venue to test all ages and abilities. This activity makes a very good team event.

What can I expect to experience?

Following some map reading training you will be sent out in teams on an orienteering course where you will use a map and sometimes a compass to find markers. Our orienteering courses are set in magnificent and scenic countryside and depending on ability the course may be in forestry, open moor land or in the mountains.

What will Outdoor Ed Venture provide?

Outdoor Ed Venture will supply a fully qualified and experienced instructor in addition to the following:

- Maps
- Whistle
- Compass
- Scorecard

What will I need to bring?

- Suitable footwear such as trainers or walking boots
- Warm socks to wear with the above
- Warm and comfortable clothing such as tracksuit bottoms, fleece tops or sweatshirts - No Denims please
- Waterproofs - depending on the weather
- Lunch and a drink (unless you have requested lunch from Outdoor Ed Venture)
- Any personal medication that you need to have with you (eg. Asthma inhalers)
- A sense of adventure!

CONTACT US:

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